JAMESTOWN COMMUNITY COLLEGE

State University of New York

INSTITUTIONAL COURSE SYLLABUS

Course Title: Intro to Gerontology

Course Abbreviation and Number: HUS 2370 Credit Hours: 3 Course Type: Lecture

Course Description: Students will examine an interdisciplinary perspective of the aging process and the social environments of older adults. Physical, psychological, and social changes are covered. Topics include theories of aging, demographic changes, ageism, vulnerable populations, and problems of income, retirement, housing, and health care. Emphasis is on the particular needs of the older adult and the resources and services available nationally and locally. Field trip included.

Prerequisite: HUS 1210 or PSY 1510 or SOC 1510.

Student Learning Outcomes:

Students who demonstrate understanding can:

- 1. Explain the implications of changing demographic trends for the individual, the service delivery system, and society.
- 2. Read and apply the various theories of aging, including theories relating to successful aging, in case analysis.
- 3. Identify and describe the major changes in biological, psychological, social and intellectual functioning as we age.

Topics Covered:

- What is aging?
 - a. Chronological, Biological, Social and Psychological concepts of Aging
 - b. Age cohorts
 - c. Demographic trends
- Physical Impacts of aging
 - a. Senescence
 - b. Diseases of Aging
- Cognitive Impacts of aging
 - a. Mental Functioning
 - b. Diseases of the mind
- Psychological Development
 - a. Lifespan theories
 - b. Depression and Personality
 - c. Personal adaptation and resilience
- Social Aging

- a. Social Theories of Aging
- b. Family/Social Support & Caregiving
- c. Retirement & Activities
- Death & Dying, Grief & Loss
 - a. Hospice Movements
 - b. Right to Die Movements
- Government and Community Services
 - a. Social Programs and supports
 - b. Gaps in Services
 - c. Housing, Income maintenance & Health care policy
- Diversity and Cultural Competence
 - a. Ageism
 - b. Minority outcomes
 - Aging

Information for Students

- Expectations of Students
 - <u>Civility Statement</u>
 - Student Responsibility Statement
 - Academic Integrity Statement
- Accessibility Services

Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.

- Get Help: JCC & Community Resources
- Emergency Closing Procedures
- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0

• Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

Effective Date: Fall 2021